TST Symptom Checklist for Teachers

Baseline

When the child is calm he/she:					
Can Complete Independent Classwork on His/Her Own With Age-Appropriate Amount of Help (Always Sometimes A Little) □ Can Complete Independent Classwork on His/Her Own with Age-Appropriate Amount of Help (Always Sometimes A Little) □ Can Focus and Pay Attention to Class Lessons (Always Sometimes A Little) □ Can Work Cooperatively in Group Work with Peers (Always Sometimes A Little) □ Is Responsive to Questions (Always Sometimes			□ Can Play Cooperatively With Peers (Always Sometimes A Little) □ Has an age-appropriate sense of identity (Always Sometimes A Little) □ Can Have Reciprocal Conversation with Adults That is Age-Appropriate (Always Sometimes A Little) □ Seeks help from other people (Always Sometimes A Little) □ Can recover and return to class activity (Always Sometimes A Little) A Little) anges in the 3 A's:		
When He/She is Becomes Upset					
Awareness			Affect		Action
☐ Is Unable to Answer Questions That Are Asked of Him/Her ☐ Remains Stuck on the Preceding Incident but Able to Acknowledge Your Question with Some Redirection ☐ Difficulty sustaining attention during class ☐ Shuts Down ☐ Spaces Out/Daydreams in Class ☐ Easily Distracted		Unresponsiv Quietly Tearf Crying Inconsolable Gets out of s Anxious Fidgets With in Seat Loses Temp Raises Voice Actively defi	Inconsolable Gets out of seat regularly Anxious Fidgets With Hands or Feet/Squirms		Interrupts or Intrudes on Others Crawling Under the Desk Hides in the Classroom Hides Outside the Classroom Throws Objects Throws Objects at Others Hitting Others Hitting Self Runs out of the Classroom Spitting at Others Initiating Physical Fights with Others
Frequency, Intensity, & Duration of Symptoms					
1) How often does the child become		2) How long does the upset last on average?			
☐ Several Times a Day☐ Daily☐ More than Once a Week	☐ Several Times a Day ☐ Once a Week ☐ Daily ☐ A few times a month		☐ A few minutes☐ The Whole Cl		☐ Beyond the Class Period☐ The Rest of the Day
B) When do the episodes for this child usually occur? In the Classroom: Unstructured Time In the Classroom: Structured Work Time During Recess When there is a Substitute			4) Does the Child Socially Disrupt the Cl Interrupt the Cl Learning	assroom	use Problems: Impact Family Relationships Impact the Child's General Happiness
5) Rate the intensity of the child' Comments:		A	ome A Lot 4 5 6	7 8	 → 8